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| Datums skatāms laika zīmogā Nr. 16-7/14400/2024 | |
| Uz . | Nr. | [Health Board of the Republic of Estonia](https://dvs.vm.gov.lv/Portal/Contacts/Organization/Organization?OrganizationId=377476) |

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| **Rehabilitation at the ambulatory health care level** |

The National Health Service of Latvia is currently reviewing the possibilities of improving the program of rehabilitation at the ambulatory health care level in Latvia, evaluating the availability of monoprofessional services, their scope and range.

Currently in Latvia, in the form of outpatient monoprofessional rehabilitation services, the following services are provided for adults from the state budget: Consultations of physical medicine and rehabilitation doctor, consultations of physiotherapist, occupational therapist, audiologist, psychologist, both individual and group lessons in the pool. On the other hand, the basket of services for children is wider and, in addition to the aforementioned services, physical therapy methods are paid separately:

1. Electrophoresis (paid only for children).
2. Transcutaneous Electroneurostimulation (TENS) (paid for children only).
3. Phonophoresis (paid only for children).
4. Diadynamic current (DDS) therapy (paid only for children).
5. Diadynamic current (DDS) phoresis (paid for children only).
6. Sinusoidal Modulated Current (SMS) therapy (paid for children only).
7. Sinusoidal Modulated Current (SMS) phoresis (paid for children only).
8. Darsonvalization (only paid for children).
9. Inductothermy (paid only for children).
10. Ultrashort wave therapy, centimeter wave therapy or decimeter wave therapy (paid only for children).
11. Alternating magnetic field therapy or permanent magnetic field therapy (paid only for children).
12. Ultrasound therapy (paid only for children).
13. Aerosol therapy (inhalations) (paid only for children).
14. Ultraviolet irradiation (paid only for children).
15. Laser therapy or magnetolaser therapy (payable only for children).
16. Paraffin-ozokerite therapy (paid only for children).
17. General massage for children up to one year old (up to 40 minutes).
18. General massage for children from one to three years of age (up to 50 minutes).
19. General massage for children from three to 18 years of age (up to 60 minutes).

According to the previously mentioned, please provide information about program Rehabilitation at the ambulatory health care level in Estonia describing:

1. whether children and adults are provided with a different range of state paid services;
2. are physical therapy methods are paid from the state budget and are available in the form of a monoprofessional outpatient service (if yes, then which and how many times)?
3. Is the massage paid from the state budget and is it available as a monoprofessional outpatient service, if so, how many times; are there any additional conditions (for specific diagnoses, age groups, etc.).
4. Are lessons in the pool paid from the state budget and are available as a monoprofessional outpatient service, if so, how many times; are there any additional conditions (for specific diagnoses, age groups, etc.).

At the same time, please provide other additional information about the implementation of the Rehabilitation at the ambulatory health care level, which would be important. Please submit the information by August 19.

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